

What To Watch This Week: January 18–24, 2026

If you're wondering what to watch this week, this guide has you covered. From major TV premieres and streaming releases to new movies in theaters, this is your one-stop list for planning your watch time.

Sunday, January 18

- "Landman" Season 2 finale (Paramount+)
- "The Hillside Strangler" (MGM+)
- "The Fall and Rise of Reggie Dinkins" (NBC)
- "A Knight of the Seven Kingdoms" (HBO Max)

Monday, January 19

- "Hidden Assets" Season 3 (Acorn TV)
- "Judy Justice" Season 4 (Prime Video)
- College Football Playoff National Championship (ESPN)
- "Hoops, Hopes, & Dreams" (Hulu)

Tuesday, January 20

- "Handsome Devil: The Charming Killer" (Paramount+)
- "WWE: Unreal" Season 2 (Netflix)
- "Star Search" (Netflix)

Wednesday, January 21

- "Percy Jackson and the Olympians" Season 2 finale (Disney+)
- "Queer Eye" final season (Netflix)
- "Steal" (Prime Video)
- "The Beauty" (FX)
- "Fear Factor: House of Fear" Episode 2/time slot premiere (Fox)
- "Drops Of God" (Apple TV)
- "Kidnapped: Elizabeth Smart" (Netflix)

Thursday, January 22

- "Canada Shore" (Paramount+)
- "Finding Her Edge" (Netflix)
- "Free Bert" (Netflix)
- "Hell's Kitchen" Season 24 finale (Fox)
- "Mel Brooks: The 99 Year Old Man!" (HBO Max)
- "Scrabble" Season 2 (The CW)
- "Trivial Pursuit" Season 2 (The CW)
- "Disneyland Handcrafted" (Disney+)

Friday, January 23

- "Nowhere Man" Episode 2/time slot premiere (Starz)
- "Skyscraper Live" (Netflix live event)
- "Real Time With Bill Maher" Season 24 (HBO)
- "Gabby's Dollhouse: The Movie" (Peacock)
- "The Smashing Machine" (HBO Max)
- "Springsteen: Deliver Me From Nowhere" (Hulu)
- "Mercy" (Theaters)

Saturday, January 24

- "Planet Earth: Kingdom" (BBC America)
- "Have I Got News for You" Season 4 (CNN)
- "Breathe Again" (Lifetime)

Whether you're tuning in live, binge-watching all weekend, or saving a few titles for later, this week is packed with solid options. Visit [IceCreamConvos.com](https://www.icecreamconvos.com) for the full breakdown, updates, and recaps.